

## Looking for Services?

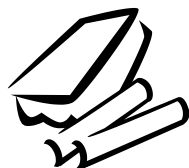
Does someone in your family need help signing up for health insurance or finding a health care provider?

Does your child have a health issue that is affecting his or her ability to do their best at school?

Do you want your child to learn to make healthier choices about tobacco use, riding their bike, and what they eat?

Do you want to get more involved in the decisions about health in your neighborhood or child's school?

Do you need information about a particular illness or injury?



Healthier Kids  
+  
Healthier Families  
+  
Healthier Schools

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a GREAT School Year!



*Funded by Alameda County Measure A  
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Contact:  
Kate Graves, School-Linked Health Services  
Program Coordinator  
Phone: (510) 981.7677  
Email: [kgraves@ci.berkeley.ca.us](mailto:kgraves@ci.berkeley.ca.us)

BUSD Office of Family & Community Partnerships  
Phone: (510) 644.8991

Public Health  
Programs  
for  
Berkeley  
Elementary  
Schools



School-Linked  
Health Services Program

A partnership of  
The City of Berkeley  
Public Health Division and  
The Berkeley Unified  
School District

## In Your School

### School-Linked Health Services Program

Connects Berkeley's public health programs with families and staff in elementary schools

Works to improve the physical health of children so they can learn and thrive

**Kate Graves, Coordinator**  
981-7677

**Victoria Lopez, Public Health Nurse**  
981-7687

**Mary Spencer, Public Health Nurse**  
981-5394



### Immunization Assistance Program

Helps make sure all children enrolled in school have received their shots, and families have the help they need to meet this requirement



### Injury Prevention Program

#### Bicycle and Pedestrian Safety

- "Walk/Bike to School Day"
- "Mock City" (small scale city) workshop on traffic safety
- **Bike Rodeo**, an annual bike safety event in the park for the whole family
- Classroom workshops and free/reduced cost bike helmets



### Oral Health Program

Provides free dental screenings and sealants in all Berkeley Elementary Schools in partnership with Alameda County (grades 2 and 5)



### Tobacco Prevention Program

#### Classroom

- Works with BUSD to design workshops to be given by teen educators

#### Afterschool

- Smokefree puppet making (grades K-2)
- "Tobacco Jeopardy" (grades 3-5)
- "Berkeley's Smokefree Idol" (grades 4-5)



## In Your Community

### Public Health Clinic

830 University Avenue  
981-5350

- Immunizations (shots)
- TB testing and treatment
- Family planning, HIV testing, sexually transmitted infections testing and treatment
- **WIC** (Women, Infants and Children) Program for nutrition and breastfeeding services
- **El Centro**, services to help Spanish-speaking families apply for health insurance



### Lead Poisoning Prevention Program

- Information and referrals for testing children for lead
- Referrals to test homes for lead hazards and make them lead-safe



### Eat Better, Move More Campaign

- Fun healthy eating workshops with fresh produce samples, taste tests, and cooking classes
- Helpful tips and support to become and stay active



## In Your Home

### Nurse of the Day Phone Line

Telephone information and referrals for your health concerns.  
Staffed by a Public Health Nurse  
Monday - Friday, 8-12 and 1-5.



981-5300

### Public Health Nursing Home Visits

Home-based services such as:

- coordinating your health care
- newborn checks and breastfeeding help
- teaching about illnesses and the spread of disease