



Health, Housing & Community Services
Mental Health Commission

To: Mental Health Commissioners
From: Karen Klatt, Commission Secretary
Date: February 18, 2016

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Health, Housing &
Community Services Department
Mental Health Commission

Berkeley/Albany Mental Health Commission

**Regular Meeting
Thursday, February 25, 2016**

Time: 7:00 p.m. – 9:00 p.m.

**North Berkeley Senior Center
1901 Hearst Ave., Workshop B**

AGENDA

All Agenda Items are for Discussion and Possible Action

Public Comment Policy: Members of the public may speak on any items on the Agenda and items not on the Agenda during the initial Public Comment period. Members of the public may also comment on any item listed on the agenda as the item is taken up. Members of the public may not speak more than once on any given item. The Chair may limit public comment to 3 minutes or less.

- 7:00 pm**
- 1. Roll Call**
 - 2. PRELIMINARY MATTERS**
 - A. Action Item: Agenda Approval**
 - B. Public Comment on items not on the agenda**
 - C. Action Item: Approval of the December 10, 2015 Minutes**
 - D. Staff Announcements/Updates**
 - 3. Action Item: Vote on the re-appointment of Shirley Posey**
 - 4. Action item: Vote on the appointment of the Chair and Vice Chair**
 - 5. MHSA Innovation Proposed Project Update – Karen Klatt**
 - 6. Workshop Subcommittee Report/Discussion**
Possible Action Item: Amend 2016 Meeting Schedule
 - 7. Ratification of Suicide Statistics Report to City Council**
 - 8. Discussion of Suicide Prevention Resources in Berkeley**
 - 9. Discussion of Site Visits**
 - 10. Announcements**

A Vibrant and Healthy Berkeley for All

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(510) 981-5255 FAX • bamhc@cityofberkeley.info

9:00 pm 11. Adjournment

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Contact person: Karen Klatt, Mental Health Commission Secretary at 981-7644 or kklatt@ci.berkeley.ca.us.



Communication Access Information: This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services specialist at 981-6342 (V) or 981-6345 (TDD) at least three business days before the meeting date. Please refrain from wearing scented products to this meeting. Attendees at trainings are reminded that other attendees may be sensitive to various scents, whether natural or manufactured, in products and materials. Please help the City respect these needs. Thank you.

SB 343 Disclaimer

Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection in the SB 343 Communications Binder located at the Family, Youth and Children's Clinic at 3282 Adeline St, Berkeley.



Department of Health Services
Mental Health Commission

Berkeley/Albany Mental Health Commission Unadopted Minutes

North Berkeley Senior Center
1901 Hearst Ave.
7:00 pm
Workshop B

Regular Meeting
December 10, 2015 at 7:00

Members of the Public Present: Jonah Markowitz.
Staff Present: Steve Grolnic-McClurg, Karen Klatt.

1. Call to Order at 7:00 pm

Commissioners Present: Jeffrey Davis, Bart Grossman, Shelby Heda, Paul Kealoha-Blake, Judy Kerr, Jenne King, Carole Marasovic, Jean Marie Hervé Michel, Jr, Shirley Posey, Cameron Silverberg. Commissioners Absent: Jesse Arreguin, Jennifer Fazio.

2. Preliminary Matters

A. Approval of December 10, 2015 Agenda

M/S/C (Heda, Michel) Move to approve the agenda.

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, King, Marasovic, Michel, Posey, Silverberg; **Noes:** None; **Abstentions:** None; **Absent:** Arreguin, Fazio.

B. Public Comment – Jonah Markowitz announced that the new Acting Executive Director at Easy Does It Emergency Services is Nikki Brown-Booker.

C. Approval of the October 29, 2015 minutes

M/S/C (Grossman, Kerr) Move to approve the October 29, 2015 minutes as written.

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, King, Marasovic, Michel, Posey, Silverberg. **Noes:** None; **Abstentions:** None; **Absent:** Arreguin, Fazio.

D. Staff Announcements/Updates

Karen Klatt made the following two announcements that were also emailed to the Mental Health Commission:

1. The Berkeley Mental Health Holiday party, will be held on December 23rd from 12:00-2:00pm in the Adult Clinic Auditorium at 2640 Martin Luther King Jr. Way.
2. Alameda County Behavioral Health Care Services will be holding a free conference on the learnings of the most recently funded Innovation projects from 8:00am-4:30pm on January 22 at Clark Kerr Conference Center at 2601 Warring St., Berkeley.

3. Presentation, Overview and Questions/Answers on Proposition 47 regarding the benefits for persons with mental health issues and the substantial grant monies that will be forthcoming for mental health and substance abuse programs – John

Jones, Ella Baker Center for Human Rights – Carole Marasovic provided a brief overview of Proposition 47 as the Presenter didn't attend. No action was taken.

4. Action Item: Accept 2016 Mental Health Commission Meeting Calendar as Amended

M/S/C (Grossman, King) Move to approve the 2016 Mental Health Commission Meeting dates.

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, King, Marasovic, Michel, Posey, Silverberg. **Noes:** None; **Abstentions:** None; **Absent:** Arreguin, Fazio.

5. Creation of Children and Youth Subcommittee

(M/S/C) (Silverberg, Marasovic) Motion that the Mental Health Commission will create a Children and Youth Subcommittee

Ayes: Davis, Grossman, Heda, Kealoha-Blake, King, Marasovic, Michel, Posey, Silverberg. **Noes:** Kerr **Abstentions:** None; **Absent:** Arreguin, Fazio.

(M/S/C) (Kerr, Heda) Members of the Children and Youth Subcommittee are Paul Kealoha-Blake, Jenne King, Bart Grossman, and Cameron Silverberg

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, King, Marasovic, Michel, Posey, Silverberg; **Noes:** None; **Abstentions:** None; **Absent:** Arreguin, Fazio.

6. Mental Health Division Report On: Treatment models utilized at BMH; Updates on the Adult Clinic Remodel; How mental health services for both the housed and homeless are being implemented throughout the Holiday season; Update on services provided to the City of Albany – Steve Grolnic-McClurg provided information on: BMH penetration rates; services and treatment models at the Adult Clinic; the Adult Clinic remodel; and BMH Holiday hours. Karen Klatt provided information on the process for the next round of Innovations funding and discussed three potential project ideas.

7. Possible Action Item: Recommendations to City Council on Improving Services to persons in mental health crisis.

A. Action item: Approve letter to be sent to City Council

(Grossman, Marasovic) The Commission authorizes the Chair to write a letter to City Council stating the action of September 17th on improving services to persons in mental health crisis.

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, Marasovic, Posey, Silverberg
Noes: None; **Abstentions:** None; **Absent:** Arreguin, Fazio, King (left the meeting prior to vote), Michel (left the meeting prior to vote).

At this point a motion was made to extend the meeting.

(Marasovic, Kealoha-Blake) Motion to extend the meeting to 9:15pm.

Ayes: Davis, Grossman, Heda, Kealoha-Blake, Kerr, King, Marasovic, Michel, Posey, Silverberg. **Noes:** None; **Abstentions:** None; **Absent:** Arreguin, Fazio, King (left the meeting at 9:00pm), Michel (left the meeting at 9:00pm).

8. Workshop Subcommittee Report – No action taken.

9. Possible Action Item: Addition, or substitution of Mental Health Commissioners, to meetings advising the Berkeley Police Department on the CIT Eight Hour Training -

Tabled to another meeting.

10. **Commission By-Laws Report** – No action taken.
11. **Discussion in City Council Work Session Update on Tasers** – No action taken.
12. **Announcements – None.**
13. **Prioritize Agenda Items for February 2016 Meeting** – Discussion of January meeting; Election of Chair and Vice Chair.
14. **Adjournment at 9:15pm.**

Minutes submitted by: _____
Karen Klatt, Commission Secretary

Berkeley/Albany Mental Health Commission

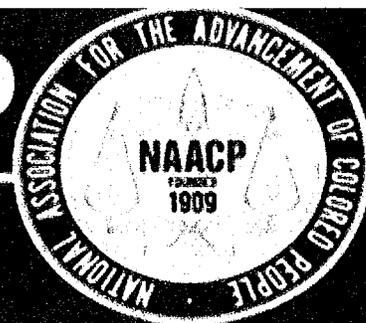
COMFORT AGREEMENT

“Rules to make it comfortable to work together”

- Do not use language derogatory to others, or yell or scream
- Be attentive when others are speaking
- Be respectful when others are speaking
- Please do not talk over anyone
- Hold a goal to allow people to feel heard (this is a value the group holds vs. a behavior)

NAACP

NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE



**P.O. Box 613
Berkeley, CA 94701-0613**

February 17, 2016

Ms. Karen Klatt, MHSA Coordinator
City of Berkeley
Berkeley Mental Health
3282 Adeline Street
Berkeley, CA. 94703

Dear Ms. Klatt:

On the behalf of the Berkeley NAACP, I am writing this letter to support Mrs. Shirley Posey's re-appointment to the City of Berkeley Mental Health Commission for her third term. Mrs. Posey has been a timeless worker on the Mental Health Commission for the last five plus years. As you are aware, Ms. Posey was not timely notified of her re-appointment status.

It was known in December 2015 that Ms. Posey would have to be re-appointed for her third term; however, it is my understanding that she has to sit out in March 2016 pending a vote by her fellow Commissioners and ratification by City Council. As an African-American living in the City of Berkeley, it is disturbing to know that a disproportionate number of MHSA's consumers are African-Americans.

Moreover, it is my understanding that Mrs. Posey is the only African-American female on the Mental Health Commission. She serves both as a consumer and a family member. For that reason, and because her commitment to serving, it is imperative that she be re-appointed to the BMHC. She has continued to serve in spite of many challenges and changes in her personal life, without wavering in personal integrity, dependability, and accountability.

She has demonstrated the ability to manage her personal life without significant interference with her professional services. Mrs. Posey is great asset to BMHC and is highly dedicated to serve her fellow consumers. As I stated before, the Berkeley NAACP we support her efforts to continue serving consumers with her work on the BMHC.

If you want to discuss Shirley's unique qualifications more, please do not hesitate to call or email me. She has my recommendation without reservation.

Sincerely,

Mansour Id-Deen, President,
Berkeley Branch of the NAACP.

2016 Commission Meeting Dates

Name of Commission: Mental Health

Commission Secretary: Karen Klatt

2016 Meeting Dates

Month	Meeting Day and Date	Time
January 2016	Sunday 1/31/16	10:00am
February 2016	Thursday, 2/25/16 <i>(4th Thursday)</i>	7:00pm
March 2016	Thursday, 3/31/16 <i>(5th Thursday)</i>	7:00pm
April 2016	Thursday, 4/28/16 <i>(4th Thursday)</i>	7:00pm
May 2016	Thursday, 5/26/16 <i>(4th Thursday)</i>	7:00pm
June 2016	Thursday, 6/23/16 <i>(4th Thursday)</i>	7:00pm

Month	Meeting Day and Date	Time
July 2016	Thursday, 7/28/16 <i>(4th Thursday)</i>	7:00pm
August 2016	No Meeting	
September 2016	Thursday, 9/22/16 <i>(4th Thursday)</i>	7:00pm
October 2016	Thursday, 10/27/16 <i>(4th Thursday)</i>	7:00pm
November 2016	No Meeting	
December 2016	Thursday, 12/15/16 <i>(3rd Thursday)</i>	7:00pm

Meetings are held at the North Berkeley Senior Center at 1901 Hearst Ave. Berkeley.

Commission office is located at: 3282 Adeline St. Berkeley, CA 94703

bamhc@cityofberkeley.info

(510) 981-7644



Health, Housing & Community Services
Mental Health Commission

ACTION CALENDAR
May 24, 2016

To: Honorable Mayor and Members of the City Council

From: City of Berkeley Mental Health Commission

Submitted by: Paul Kealoha-Blake, Chairperson, Mental Health Commission and
Carole Marasovic, Vice Chair, Mental Health Commission

Subject: Adopt a Resolution to direct Berkeley Police Department to distinguish, and
record, categories of 10-56 suicide statistics, in Berkeley Police
Department Records Division, as recorded by Berkeley Police Officers in
their reports

RECOMMENDATION

Adopt a Resolution to direct Berkeley Police Department to distinguish between categories of Berkeley police code 10-56s in Berkeley Police Department Records Division and record categories consistent with documentation in police reports completed by Berkeley Police Department officers. Upon records requests, records should be released with correct categorical designation as recorded by police officers.

The Mental Health Commission approved this recommendation: Ayes: Davis, Heda, Fazio, Kealoha-Blake, Marasovic, Michel, Posey, Silverberg.; Noes: None; Abstain: Dixon; Absent: Grossman, Arreguin.

FISCAL IMPACTS OF RECOMMENDATION

None. There should not be any additional time involved in recording statistics verbatim as documented from reports completed by the Department's police officers.

CURRENT SITUATION AND ITS EFFECTS

In her individual capacity as a private citizen, the Vice-Chair of the Mental Health Commission, made a California Public Records Act request for statistics for suicides and attempted suicides in Berkeley for the last five years. She expressly requested 10-56s, completed suicides, and 10-56As, suicide attempts, those police codes utilized to identify those categories by the Berkeley Police Department.

The Vice Chair of the Mental Health Commission made this request to share information with the Mental Health Commission which is exploring the need for additional mental health crisis services.

Upon picking up the records which the Vice-Chair, in her individual capacity, had ordered, which totaled twenty-two single-spaced pages listing incidents, dates, times, and street names, the Vice-Chair learned that only 10-56s had been released to her. Upon a second California Public Records Act request for the same purposes, the Vice-Chair was advised repeatedly that regardless of the manner in which police officers documented these police calls for 10-56s (completed suicides) and 10-56As (attempted suicides), the Berkeley Police Department records division consolidated all 10-56s into one category.

There are also individual 10-56 codes used for suicide threats (10-56T) suicide attempt reports (10-56AR) and suicide reports (10-56R). It is unclear if these incidents have also been consolidated into the 10-56s released.

The work that Berkeley police officers undertake when they document incidents by the proper code on each of their reports is blurred by the Berkeley Police Department records division when they consolidate all codes under one category. As such, there is no way to distinguish statistics of suicide-related incidents accurately.

BACKGROUND

In order to evaluate the need for additional mental health crisis services, the Mental Health Commission should have accurate data from which to refer. Since the police records fail to distinguish between completed suicides, suicide attempts and suicide threats, this lack of accurate data makes the evaluation process difficult.

ENVIRONMENTAL SUSTAINABILITY

There are no environmental impacts.

RATIONALE FOR RECOMMENDATION

Berkeley police officers record incidents properly under the corresponding police code. The Berkeley Police Department Records Division consolidates statistics together. The disconnect between the proper recording at the Berkeley Police Department and the Berkeley Police Department's records division has no rational basis. Maintaining more specific statistics pertaining to persons in mental health crisis will provide the Mental Health Commission and the City of Berkeley the data to evaluate the need for additional mental health crisis services.

ALTERNATIVE ACTIONS CONSIDERED

No alternative actions were considered.

CITY MANAGER

The City Manager [TYPE ONE] concurs with / takes no position on the content and recommendations of the Commission's Report. [OR] Refer to the budget process.

Note: If the City Manager does not (a) concur, (b) takes any other position, or (c) refer to the budget process, a council action report must be prepared. Indicate under the CITY MANAGER heading, “See companion report.”

CONTACT PERSON

Paul Kealoha-Blake, Chair, Mental Health Commission, (510) 610-3577

Carole Marasovic, Vice-Chair, Mental Health Commission, (510) 225-5060

Karen Klatt, Secretary, Mental Health Commission, (510) 981-7644

Attachments:

1: Resolution and/or Ordinance

RESOLUTION NO. ##,###-N.S.

RECOMMENDATION TO DIRECT THE BERKELEY POLICE DEPARTMENT TO
HAVE ITS RECORDS DIVISION RECORD 10-56 BERKELEY POLICE SUICIDE
CODES BY CATEGORIES AS DOCUMENTED IN POLICE REPORTS

WHEREAS, in order to evaluate the need for additional mental health crisis services;
and

WHEREAS, the Berkeley Police Department currently has police officers who distinguish between 10-56 completed suicide and suicide-related incidents and document specific categories of Berkeley police code 10-56s properly, the Berkeley Police Department records division consolidates all the 10-56s together making accurate data impossible to identify; and

WHEREAS, the Berkeley Police Department shall be directed to have its record division record categories of 10-56s as its police officers have so identified in their reports.

NOW THEREFORE, BE IT RESOLVED by the Council of the City of Berkeley, the Berkeley Police Department records division shall document categories of Berkeley police code 10-56s as identified by Berkeley Police Department officers in their reports and release upon request, where required by law, accordingly.