

Community Health Commission (CHC)

COMMUNITY HEALTH COMMISSION MEETING AGENDA

Thursday, November 17th, 2016 - 6:30 pm – 9:00 pm
South Berkeley Senior Center, 2939 Ellis Street
Berkeley, CA 94709

Preliminary Matters

1. Roll Call
2. Announcements & Introductions of any new members
3. Approval of Minutes from prior meeting (Attachment 1)
4. Confirm note taker
5. Public Comment (*Speakers will have up to 5 minutes each*)

Presentation Items

1. **Health Officer Update:** Janet Berreman
2. **Work plan Progress:** All (Attachment 2)

Discussion Items

1. Berkeley Way: Commission will explore ways to approach discussion of affordable housing in Berkeley with a health equity lens.

Subcommittee Reports

1. Health Equity Subcommittee Report
2. Healthy Food Security Subcommittee Report
3. Public Outreach & Education Subcommittee Report
4. Other Subcommittee Reports

Action Items

1. **Action:** Approve letter to Council in support of resolution opposing closure of Alta Bates Summit Medical Center, passed on July 12 (Attachment 3) [Kwanele]
2. **Action:** Approve recommendation to Council regarding identification of resources to supplement Heart-2-Heart program (Attachment 4) [Rosales]

Information Items

1. City Council Items:
 - a. BMC enabling legislation for CHC – November 29
 - b. Healthy Default Children's Beverages Ordinance – December 13th
2. Asthma presentation update

Future Agenda Items

1. Berkeley Police Department to provide overview on police data [Franklin/Staff]
2. Presentation by Healthy Black Families [Kwanele]
3. Continue discussion on Public Health priorities and alignment with Commission work plan
4. Asthma presentation: Jose Ducos (January 2017)
5. Discussion on \$100 million facilities bond

Adjournment

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Attachments:

1. Draft minutes of 10/27/16 CHC meeting
2. Approved minutes of 9/22/16 CHC meeting
3. Community Health Commission work plan
4. Draft recommendation to City Council re: expansion of Heart-2-Heart program
5. Community Health Commission subcommittee roster
6. City Council and Community Health Commission timelines

The next meeting of the Community Health Commission is scheduled for January 26th, 2017 with a deadline of January 12th, 2017 for the public's submission of agenda items and materials for the agenda packet. Dates are subject to change; please contact the Commission Secretary to confirm.

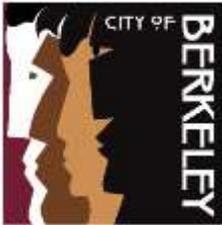
Please refrain from wearing scented products to this meeting.

COMMUNICATION ACCESS INFORMATION

This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services specialist at 981-6346 (V) or 981-6345 (TDD) at least three business days before the meeting date.

Communications to Berkeley boards, commissions or committees are public record and will become part of the City's electronic records, which are accessible through the City's website. Please note: e-mail addresses, names, addresses, and other contact information are not required, but if included in any communication to a City board, commission or committee, will become part of the public record. If you do not want your e-mail address or any other contact information to be made public, you may deliver communications via U.S. Postal Service or in person to the secretary of the relevant board, commission or committee. If you do not want your contact information included in the public record, please do not include that information in your communication. Please contact the commission secretary for further information.

Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection at the North Berkeley Senior Center located at 1901 Hearst Avenue, during regular business hours. The Commission Agenda and Minutes may be viewed on the City of Berkeley website: <http://www.cityofberkeley.info/commissions>.



Community Health Commission

Community Health Commission

Meeting Location: South Berkeley Senior Center
2939 Ellis Street, Berkeley, CA

Draft Minutes Regular Meeting, Thursday October 27, 2016

The meeting convened at 6:39 p.m. with Chair Nathan presiding.

ROLL CALL

Present: Commissioners Speich, Kwanele, Carter, Stein (6:39), Wertman (6:45), Franklin, Lingas (6:55), Nathan, Chen, Shaw (6:45) and Namkung

Absent: Commissioner Rosales, Teunis, Lopez and Wong

Excused: None

Staff present: Manuel Ramirez, Lisa Sterner, Janet Berreman and Rebecca Day-Rodriguez

COMMENTS FROM THE PUBLIC

None

PRESENTATIONS

- Manuel Ramirez, City of Berkeley, Manager of Environmental Health Division – provided an overview of Environmental Health program, insight of Food Recovery movement and what it looks like in Alameda County and in Berkeley. It was suggested we invite the Alameda County Program Coordinator to an update a year after their program began.
- Lisa Sterner Director, Berkeley High School/Berkeley Technical High School Health Centers – provided overview on Berkeley High School/Berkeley Technical High School Health Centers including the update of an addition of a clinician at the Berkeley Technical High School Health Center. Lisa Sterner will return with an update in the future.

ACTION ON MINUTES

1. M/S/C (Nathan/ Chen) Motion to approve the draft September 2016 minutes.

Ayes: Commissioners Carter, Franklin, Kwanele, Lingas, Shaw, Speich, Stein, Teunis, Wertman, and Namkung

Noes: None

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Abstain: None

Absent: Commissioner Wong, Teunis, Lopez and Rosales

Motion Passed.

ACTION ITEM

2. M/S/C (Nathan/Wertman) Motion to approve the addition to Commissioner Lingas to Acute Services subcommittee and Commissioner Namkung and Commissioner Wertman to structural Institutional Equity Committee.

Ayes: Commissioners Kwanele, Franklin, Carter, Chen, Engelman, Lingas, and Namkung

Noes: None

Abstain: Commissioner Stein

Absent: Commissioners Wong, Teunis, Lopez and Rosales.

Motion passed.

ACTION ITEM

3. M/S/C (Namkung/Nathan) Approve letter to City Council regarding homeless encampments with proposed edits.

Ayes: Commissioners Speich, Kwanele, Carter, Stein, Wertman, Franklin, Lingas, Chen, and Shaw

Noes: None

Abstain: None

Absent: Commissioners Wong, Teunis, Lopez and Rosales.

Motion passed.

ACTION ITEM

4. M/S/C (Nathan/Kwanele) Motion to approve letter to City Council to address concerns regarding possible changes to Berkeley Municipal Code enabling the Community Health Commission.

Ayes: Commissioners Speich, Franklin, Carter, Chen, Engelman, Lingas, Stein, Wertman, and Namkung

Noes: None

Abstain: Commissioner Shaw

Absent: Commissioners Wong, Teunis, Lopez and Rosales.

Motion passed.

NEXT MEETING

The next regular meeting will be on November 17, 2016 at 6:30 p.m. at the South Berkeley Senior Center.

This meeting was adjourned at 9:16 p.m.

Respectfully Submitted, Rebecca Day-Rodriguez, Secretary.

DRAFT

Community Health Commission Work Plan 2016

Guiding Philosophy: To look at health through the lens of equity, and to address, ameliorate, and abolish health inequities in Berkeley through our work while advancing other public health efforts.

Mission/Purpose:

1. Work with the community and the Berkeley Public Health Division to eliminate health inequity by:
 - Representing the community through the diversity of this commission
 - Advocating for good policy to council that has the potential to improve the health of Berkeley residents that can be implemented, monitored, and evaluated.
 - Increasing the public education/social marketing efforts, understanding, and awareness of issues
 - Advocating together with the residents of Berkeley most affected by institutional, social, organizational inequities/disparities
 - Being the bi-directional conduit of information and resources between community and PHD

2. Achieve general public health progress by being responsive to community needs and facilitating general health and safety.

Overall goals, issues & priorities: All issues can be addressed through a health equity lens.

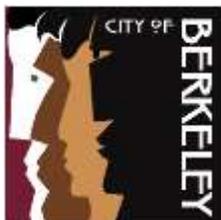
1. Make progress toward realizing an African American Holistic Resource Center
2. Advocate for the expansion of the Heart-2-Heart Program
3. Increase community access to healthy food while reducing unhealthy food
4. Further address more social determinants of health, such as affordable housing
5. Expand community communication to generate a more informed and engaged coalition
6. Work to have community health data measures documented in a timely manner

General steps and actions needed to meet priorities:

1. Better follow up with council implementations
2. Collaborate with other commissions to share resources and support recommendations
3. Focused/specialized subcommittees / ad hoc sub committees (funnel intelligence/knowledge into smaller groups)
4. Keep track of state policy and data flow

Specific steps and actions needed to meet priorities:

- ❖ Subcommittees
 - Healthy Food Security
 - Identify food deserts
 - Connect communities with resources
 - Propose policies to mitigate unhealthy food consumption
 - Food surplus
 - Change perception of tossing food & poor hygiene
 - Policy tracking
 - Track City Council minutes, state, and national legislative actions
 - Health Equity Subcommittee
 - Continue work to get a resource center in South Berkeley
 - Chronic Disease Prevention
 - Focus on diabetes, heart disease
 - Structural/Institutional Inequity Issues Sub Committee
 - Wider scope than Health Equity Subcommittee to identify and address social determinants of health that are less proximate causes of health inequities
 - Public Education and Outreach
 - Continue efforts to share health information and empower the community
 - Collaborate with community partners
 - Novel subcommittees as needed to quickly address City Council referrals
 - Other subcommittees on issues that are not heavily addressed due to lower incidence rates, yet have high severity
 - Human trafficking
 - Neurological Conditions
- ❖ Liaisons to other commissions
 - Housing Advisory Commission
 - Homeless Commission
 - Zero Waste Commission
 - Mental Health Commission
 - Human Welfare and Community Action Commission
 - Community Environmental Advisory Commission
 - Sugar Sweetened Beverage Panel collaboration with regular meetings about progress

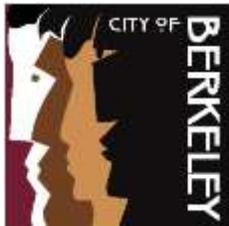


Community Health Commission 2017 Meeting Dates

Community Health Commission (CHC)

Month	Meeting Day and Date	Time
January 2017		
	Thursday, January 26, 2017	6:30 pm
February 2017		
	Thursday, February 23, 2017	6:30 pm
March 2017		
	Thursday, March 23, 2017	6:30 pm
April 2017		
	Thursday, April 27, 2017	6:30 pm
May 2017		
	Thursday, May 25, 2017	6:30 pm
June 2017		
	Thursday, June 22, 2017	6:30 pm
July 2017		
	Thursday, July 27, 2017	6:30 pm
August 2017		
	The CHC does not meet in August	
September 2017		
	Thursday, September 28, 2017	6:30 pm
October 2017		
	Thursday, October 26, 2017	6:30 pm
November 2017		
	Thursday, November 16, 2017	6:30 pm
Meeting in November is scheduled on the 3 rd Thursday due to the Thanksgiving Holiday		
December 2017		
	The CHC does not meet in December	

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Community Health Commission

ACTION CALENDAR
November 29, 2016

To: Honorable Mayor and Members of the City Council

From: Community Health Commission

Submitted by: Neal Nathan, Chairperson, Community Health Commission

Subject: Additional staffing resources for Public Health Heart-2-Heart Program

RECOMMENDATION

Approve that \$66,708 plus sufficient additional funds to cover benefits be allocated to the Public Health Division to hire a Social Service Specialist (SSS), which would provide increased staffing capacity for the neighborhood-based Heart-2-Heart cardiovascular disease prevention program.

FISCAL IMPACTS OF RECOMMENDATION

Potentially major fiscal impacts exist in the approximate annual amount of \$66,708 plus costs of benefits from City funds to sustain a permanent CHWS.

CURRENT SITUATION AND ITS EFFECTS

The Community Health Commission has heard reports from both City of Berkeley and Lifelong staff regarding the Heart-2-Heart (H2H) program and believes it should be expanded. City of Berkeley Public Health staffing resources for H2H have decreased significantly due to finite funding. Currently, dedicated outside funding for the H2H program all goes to our partner, LifeLong Medical Care. LifeLong receives annual funding of \$57,000 from the Sutter Health Community Benefit program and \$100,000 from the Alameda County Measure A Reserve fund. These amounts are sufficient to fund two staff from Lifelong Medical Care. The Health Services Program Specialist (HSPS) and CHWS in the Public Health Division currently dedicated to this project are *not* funded by these funding streams, and are instead supported by other grant funding (e.g. California Department of Public Health Nutrition Education & Obesity Prevention funding, General Fund Health Disparities fund). Both the HSPS and CHWS spend only approximately 50% of their time on the H2H program, with the rest of their time dedicated to activities required by their categorical funding.

Public Health Division staffing resources dedicated to the H2H program are not sufficient to optimally carry out the project goals. The current H2H team identified that consistent and systematic program evaluation and data collection are significant gaps. A SSS, at minimum, would significantly enhance data capacity and enable staff to adequately measure project outcomes and track project goal progress so that the program can be optimized to best serve the residents of Berkeley.

BACKGROUND

The H2H program was established in 2008 to reduce racial/ethnic health inequities in cardiovascular disease in South & West Berkeley. Although heart disease is the leading cause of death for people of all backgrounds, Berkeley's African Americans are 3 times more likely to die from heart disease than whites. Furthermore, African Americans are 12 times more likely to be hospitalized for heart disease than whites, and over 40% of African Americans report having high blood pressure.

The program began as a collaboration between City of Berkeley Public Health Division and Lifelong Medical Care to primarily reduce the rate of hypertensive heart disease and CVD hospitalization and mortality in African Americans in selected neighborhoods, to foster positive and productive relationships between H2H partners and residents, and to collaborate and coordinate with other City departments and community organizations to focus efforts and resources in H2H neighborhoods that directly address the communities expressed health related needs and desires.

In its inception, the program was funded by the Kaiser Permanente Community Benefits Program (2008-2011, with a 1 year extension through 2012) and staffed by two senior program managers, one program manager, an epidemiologist, and two community health workers who dedicated 10-25% of their time on this initiative. These staffing resources contributed significantly to the implementation and evaluation aspects of this program.

ENVIRONMENTAL SUSTAINABILITY

There are no identifiable environmental effects or opportunities associated with the subject of this report.

RATIONALE FOR RECOMMENDATION

The H2H program has the following project goals:

1. Reduce the rate of hypertensive heart disease and CVD hospitalization and mortality in African Americans in selected neighborhoods
2. Reduce the prevalence of uncontrolled hypertension in African Americans with hypertension in selected neighborhoods

3. Reduce the prevalence of hypertension in Berkeley African American residents.
4. Enhance true collaboration between COB PH and Lifelong and partnering community organizations
5. Develop and maintain respectful, positive, trusting and healing relationships between project team and residents in selected neighborhoods
6. Enhance and promote respectful, positive, trusting and healing client services and relationships between partnering institutions
7. Identify upstream determinants of health most impacting residents in selected neighborhoods to inform environmental and policy change.

However, current staffing resources have not been adequate in proactively evaluating the program's following primary strategies:

1. Fostering productive relationships between H2H partners and residents
2. Collaborating and coordinating effectively with other community organizations to address community needs
3. Supporting residents in adopting healthier behaviors
4. Preventing high blood pressure and promoting cardiovascular disease awareness.

To effectively measure these strategies, the H2H team needs to determine whether the following short-term and long-term outcomes are occurring:

1. Change in knowledge of cardiovascular health and personal health management
2. Access to and use of preventative health services
3. Trust of city and health care agencies
4. Empowered and self-sustaining community leadership to create positive change
5. Improved cardiovascular health.

Thus, the staffing assistance provided by a Social Service Specialist will help the H2H program both measure its progress, and achieve its short-term and long-term goals.

Moreover, the Health Status Report in 2003 declared that *"health inequities in Berkeley occur in consistent patterns by geography, race/ethnicity, and income and education,"* and that *"African American residents in South and West Berkeley have higher rates of adverse pregnancy outcomes, childhood asthma hospitalizations, heart disease, high blood pressure, stroke, and diabetes."* However, adverse health outcomes in communities of color, particularly in South and West Berkeley are not limited to cardiovascular diseases, and since a Social Service Specialist could track co-morbid conditions as well as upstream factors influencing health outcomes, a SSS would provide the necessary information and services to facilitate progress in the effort to reduce health inequities.

In characterizing recent progress, the Report concludes, and we agree, *"Berkeley has made significant progress in improving many measures of health, including decreasing the magnitude of some health inequities—and much work remains to be done."*

The conclusion that “much work remains to be done” has been a consistent feature of the Health Status Report since 1999. It is no longer acceptable that the next Status Report will arrive with the same conclusion, and hiring a SSS would be a significant action to improve community health.

As a SSS is expected to gather data not only on cardiovascular issues, but will also be expected to extrapolate and include data on other health issues (diabetes, asthma, pregnancy outcomes, etc), the SSS will provide insight into determinants and statuses of health among residents that can inform additional interventions such that a comprehensive approach is taken to achieve health equity. Plus, a SSS and the resulting improved capacity of the H2H program would also facilitate implementing interventions and other public health initiatives. Thus, hiring a SSS would immediately and directly enhance the vital H2H program while also strengthening future efforts in a variety of ways from providing additional data that could be used in grant applications to the design and actualization of other public health plans. This data collection and service provision capability demonstrates that a Social Service Specialist would make a big difference in facilitating the H2H program's contribution to reducing health inequities in Berkeley.

ALTERNATIVE ACTIONS CONSIDERED

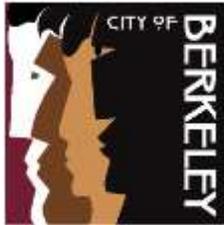
1. Consider status quo, however, without adequate staffing dedicated to program efforts the above program goals may not be successfully met. As a result, health inequities related to cardiovascular disease in South & West Berkeley may continue to persist and/or worsen.
2. Recommend that \$108,000 (note: this includes benefits) be allocated to the Public Health Division to hire a Community Health Worker Specialist (CHWS) to increase the H2H program staffing; however, a Social Service Specialist (SSS) would greater benefit the H2H program since a SSS can provide extensive data collection in addition to the services offered by a CHWS, so hiring a Social Service Specialist is recommended.

CONTACT PERSON

Tanya Bustamante, Community Health Commission Secretary, Health, Housing & Community Services Department, 981-5324

Attachments:

- 1: Sarah Samuels Center Evaluation Debrief, 2014



Community Health Commission

Community Health Commission

Meeting Location: South Berkeley Senior Center
2939 Ellis Street, Berkeley, CA

Approved Minutes Regular Meeting, Thursday September 22, 2016

The meeting convened at 6:40 p.m. with Chair Nathan presiding.

ROLL CALL

Present: Commissioners Carter, Chen, Engelman, Franklin, Kwanele, Lingas, Namkung, Nathan, Rosales, Shaw, Speich, Stein, Teunis, Wertman (6:48), and Wong (6:41)

Absent: Commissioner Lopez

Excused: None

Staff present: Paul Buddenhagen, Tanya Bustamante and Rebecca Day-Rodriguez

COMMENTS FROM THE PUBLIC

- 1 individuals provided comment regarding the termination of these services at the Sutter Alta Bates Hospital campus.

PRESENTATIONS

- Dechen Tsering & Commissioner Namkung, Sugar-Sweetened Beverage Product Panel of Exerts (SSBPPE) – provided overview on SSBPPE, community RFP process, and initial evaluation findings of impact of SSB distributor tax

ACTION ON MINUTES

1. M/S/C (Lingas/Kwanele) Motion to approve the draft July 2016 minutes.

Ayes: Commissioners Carter, Chen, Engelman, Franklin, Kwanele, Lingas, Nathan, Shaw, Speich, Stein, Teunis, Wertman and Wong

Noes: None

Abstain: Commissioners Namkung & Rosales

Absent: Commissioner Lopez

Motion Passed.

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ACTION ITEM

2. M/S/C (Nathan/Namkung) Motion to have Envisioning Future of Community Health Commission & Workplan subcommittee draft a letter to City Council to address concerns regarding possible changes to Berkeley Municipal Code enabling the Community Health Commission. Draft of letter to be shared with Commission at October meeting.

Ayes: Commissioners Carter, Chen, Engelman, Franklin, Kwanele, Lingas, Namkung, Nathan, Rosales, Stein, Wertman, and Wong

Noes: Commissioners Speich, Teunis, and Shaw

Abstain: None

Absent: Commissioner Lopez

Motion passed.

ACTION ITEM

3. M/S/C (Shaw/Nathan) Motion to add Commissioners Chen and Lingas to Healthy Food Security subcommittee.

Ayes: Commissioners Carter, Chen, Engelman, Franklin, Kwanele, Lingas, Namkung, Nathan, Rosales, Shaw, Speich, Stein, Teunis, Wertman, and Wong

Noes: None

Abstain: None

Absent: Commissioner Lopez

Motion passed.

NEXT MEETING

The next regular meeting will be on October 27, 2016 at 6:30 p.m. at the South Berkeley Senior Center.

This meeting was adjourned at 9:04 p.m.

Respectfully Submitted, Tanya Bustamante, Secretary.

Community Health Commission
2016 Subcommittee Roster

District	Last	First	Subcommittees							
			Acute Services for Berkeley	Health Equity	Public Outreach & Education	Healthy Food Security	Policy Tracking	Chronic Disease Prevention	Envisioning Future of CHC & Workplan	Structural/ Institutional Inequity Issues
1	Engelman	Alina								
1	Vacant									
2	Vacant									
2	Speich	Pamela								
3	Kwanele	Babalwa		X					X	X
3	Carter	Donna	X							
4	Stein	Antoinette		X				X		
4	Wong	Marilyn	X	X	X				X	
5	Teunis	Niels					X	X		X
5	Wertman	Holly	X			X				
6	Franklin	Linda	X		X	X	X		X	
6	Lingas	Elena								X
7	Nathan	Neal		X			X	X	X	X
7	Lopez	Enrique			X					
8	Chen	Leona			X				X	
8	Namkung	Poki							X	
M	Rosales	Ces		X	X				X	
M	Shaw	Mia				X	X	X		X



Community Health Commission

CHC AGENDA ITEM SUBMISSION TIMELINE FOR 2017

CHC Meeting Date (Thursdays)	Agenda Items due to Commission Secretary – Wednesday	Secretary Reviews Final Agenda with Health Officer - Thursday	Secretary submits agenda for posting - Friday
January 26, 2017	Wed 1/18 by Noon	Thurs 1/19 by 4 pm	Fri 1/20 by 10am
February 23, 2017	Wed 2/15 by Noon	Thurs 2/16 by 4 pm	Fri 2/17 by 10am
March 23, 2017	Wed 3/15 by Noon	Thurs 3/16 by 4 pm	Fri 3/17 by 10am
April 27, 2017	Wed 4/19 by Noon	Thurs 4/20 by 4 pm	Fri 4/21 by 10am
May 25, 2017	Wed 5/17 by Noon	Thurs 5/18 by 4 pm	Fri 5/19 by 10am
June 22, 2017	Wed 6/14 by Noon	Thurs 6/15 by 4 pm	Fri 6/16 by 10am
July 27, 2017	Wed 7/19 by Noon	Thurs 7/18 by 4 pm	Fri 7/17 by 10am
September 28, 2017	Wed 9/20 by Noon	Thurs 9/21 by 4 pm	Fri 9/22 by 10am
October 26, 2017	Wed 10/18 by Noon	Thurs 10/19 by 4 pm	Fri 10/20 by 10am
*November 16, 2017	Wed 11/8 by Noon	Thurs 11/9 by 4 pm	Fri 11/10 by 10am

*Meeting in November is scheduled on the 3rd Thursday due to the Thanksgiving Holiday



Community Health Commission

COUNCIL ITEM SUBMISSION TIMELINE FOR 2017

Council Meeting Date	Commission needs to take action by	Reports Due to Dept. Director	Commission Items
City Council Winter Recess (December 14, 2016 to January 23, 2017)			
24-Jan	11/24	12/1	
31-Jan	12/1	12/8	
14-Feb	12/15	12/22	
28-Feb	12/29	1/5	
14-Mar	1/12	1/19	
28-Mar	1/26	2/2	
4-Apr	2/2	2/9	
City Council Spring Recess (April 4 to April 24, 2017)			
25-Apr	2/24	3/2	
2-May	3/2	3/9	
16-May	3/16	3/23	
30-May	3/30	4/6	
13-Jun	4/13	4/20	
27-Jun	4/27	5/4	
11-Jul	5/11	5/18	
25-Jul	5/25	6/1	
City Council Summer Recess (July 26 to September 11, 2017)			
12-Sep	7/13	7/20	
26-Sep	7/27	8/3	
3-Oct	8/3	8/10	
17-Oct	8/17	8/24	
31-Oct	8/31	9/7	
14-Nov	9/14	9/21	
28-Nov	9/28	10/5	
5-Dec	10/5	10/12	
12-Dec	10/12	10/19	